

Health & Physical Education Session

Date	October 6, 2023
Length	Half Day
Topic	The Creator's Game: Lacrosse
Entity Hosting	Niagara Catholic DSB
Location	Holy Cross Secondary School
Presenter(s)/Facilitator(s)	Indigenous Team with TBA & Jenn Benoit
Description: <p>Played throughout the world today, the sport of lacrosse is derived from a Haudenosaunee game of great antiquity. This game required the greatest skill for catching, carrying, and passing a ball using only the basketlike head of the lacrosse stick. Quickness, stamina, and strength were equally important to play the game well.</p> <p>Oneidas and other Haudenosaunee nations loved the game passionately as entertainment and physical conditioning, but lacrosse was also a religious celebration. The Oneida Creation Story, for example, describes a Spirit World which preceded our earth and hangs above it. The residents of that sky land lack sickness and death. They know only happiness — possibly because they enjoy lacrosse. *oniedanation.com</p> <p>Participants will learn the history, and role of lacrosse in Haudenosaunee culture, as well as participating in skill workshops. Participants will learn how the skills and strategies of lacrosse are transferable between a wide range of activities and games. Participants will come out with an understanding and the connection between the game of lacrosse and the Ontario Health and Physical Education curriculum, including planning, assessment and evaluation tools.</p> <p>At the end of this session you will learn how the skills and strategies of lacrosse are transferable between a wide range of activities and games. You will come out with an understanding of the connection between the game of lacrosse and the Ontario Health and Physical Education curriculum, including planning, assessment and evaluation tools.</p>	